**What’s next…..time to do research and pick a doctor!**

**Websites:** Healthgrades, Yelp, WebMd, Vitals.com. Also check to see if the facility or provider has a social media page and see what the reviews are there.

**Word of mouth:** Ask friends and family members and others for referrals then research the providers.

**Medical Needs& Concerns**-Make sure your doctor is clear on your medical needs and concerns. Ensure you are comfortable with your doctor having a full understanding of your health concerns and /or questions.

**Communication of provider and staff**- You should be able to ask questions of your provider and get effective feedback from him and his or her staff. You should get lab, procedure and other testing, and prescription information timely and should be explained effectively.

Once you find a provider if at any time you feel there is something unethical, unprofessional, or questionable about your visit, a service, a procedure, a charge on a bill etc. please reach out to your insurance carrier or go to their website and file an appeal.

Below are articles by Consumer Reports which gives good information as well info on how to select a doctor.

[**https://www.consumerreports.org/doctors/how-to-find-a-good-doctor/**](https://www.consumerreports.org/doctors/how-to-find-a-good-doctor/)

[**https://liveclinic.com/blog/the-top-10-doctor-review-sites/**](https://liveclinic.com/blog/the-top-10-doctor-review-sites/)